



# 23/24 Impact Report

## OVERVIEW

**Our Vision:** RSN envisions local communities supporting, inspiring, and empowering youth in all forms of recovery.

**Our Mission:** RSN is a community that embraces, empowers, and inspires youth and emerging adults who experience challenges related to substance use, mental health and justice involvement.

## WHAT WELLBEING LOOKS LIKE

"Participant A was referred to RSN following a relocation to the area. Given challenges they faced at their last school and some mental health concerns, their parents reached out to RSN with the hopes that mentoring could help circumvent a recurrence of similar challenges. Participant A engaged in mentoring services for 6 months and at the close of a successful mentoring experience A's parents expressed the following: "...Kimberly's mentorship has been a really important part of our transition into this community".

"Participant C has been engaged with an RSN mentor since November of 2023 and was referred by their juvenile court counselor. Risk factors were justice involvement, suspension from school and isolation. The mentor recognized early on that the mentee had no strong male role models. The mentor facilitated various activities to promote trust as well as a sense of community, eg. visit the barber shop, arcade, Cars & Coffee in Durham, and the local gym. The parents let us know that C really enjoyed mentoring and wanted to increase mentoring hours if possible.

## IMPACT SNAPSHOT

13

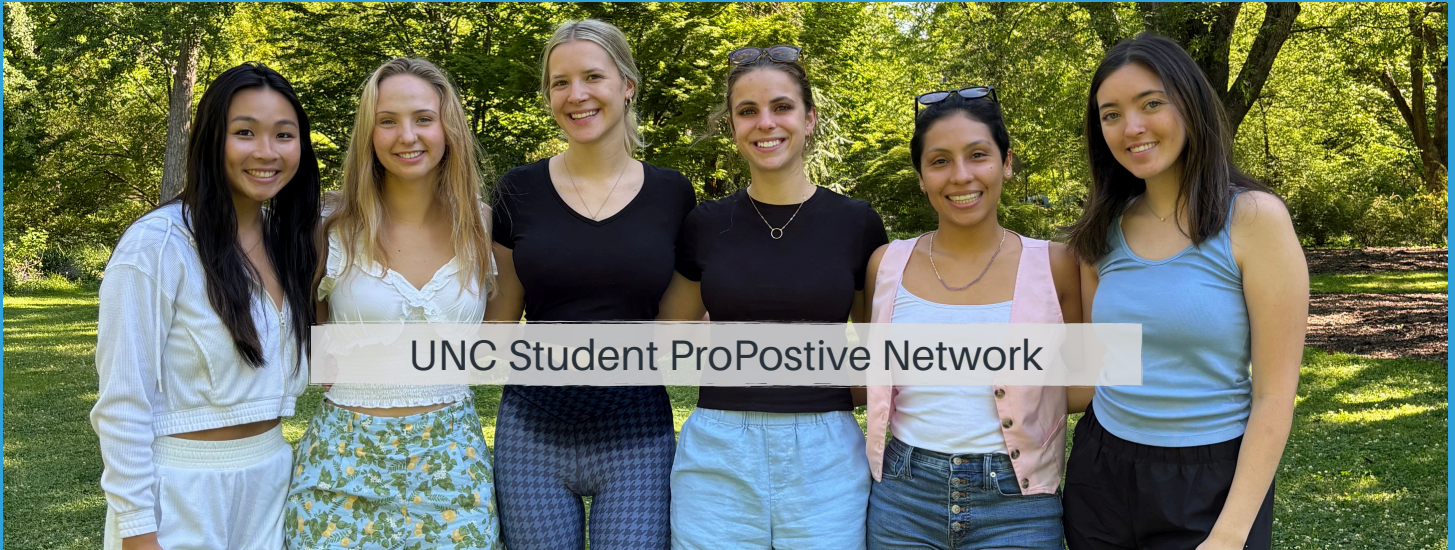
Mentors Onboarded &  
Trained

23

Participants Supported

200

Hours of Direct Service



## 2023/24 PROGRAM MILESTONES

### Staff Restructuring

The Dir. of Operations and Programs position was separated into two positions and we added a Lead Mentor

- In January, Lucy Battles was promoted into a much deserved leadership role as Dir. of Programs
- Pablo Robles joined our staff as the RSN Lead Mentor

### Program Enhancements

We strengthened our program model by emphasizing dosage and duration and are uncovering new avenues within the community for supporting the mentoring relationship

- Provided Individual Skill Building to 15 participants
- Partnered with United Voices of Efland Cheeks as well as Boomerang Youth to provide group skill building to 13 participants utilizing RSN's enhanced curriculum.

### Mentor Program

We've continued implementing new training requirements and new technologies to enhance the mentoring relationship.

- RSN partnered with the UNC student ProPositive Network to create mentor and family webpages.
- RSN is in the process of integrating a new Mentoring Works app to enhance communication and reporting.

### Outreach & Education

RSN provided Recovery Coach Academy and Youth Mental Health training to community partners and participated in the Chapel Hill Thanks & Giving event and the St. Thomas More Mental Health Fair.

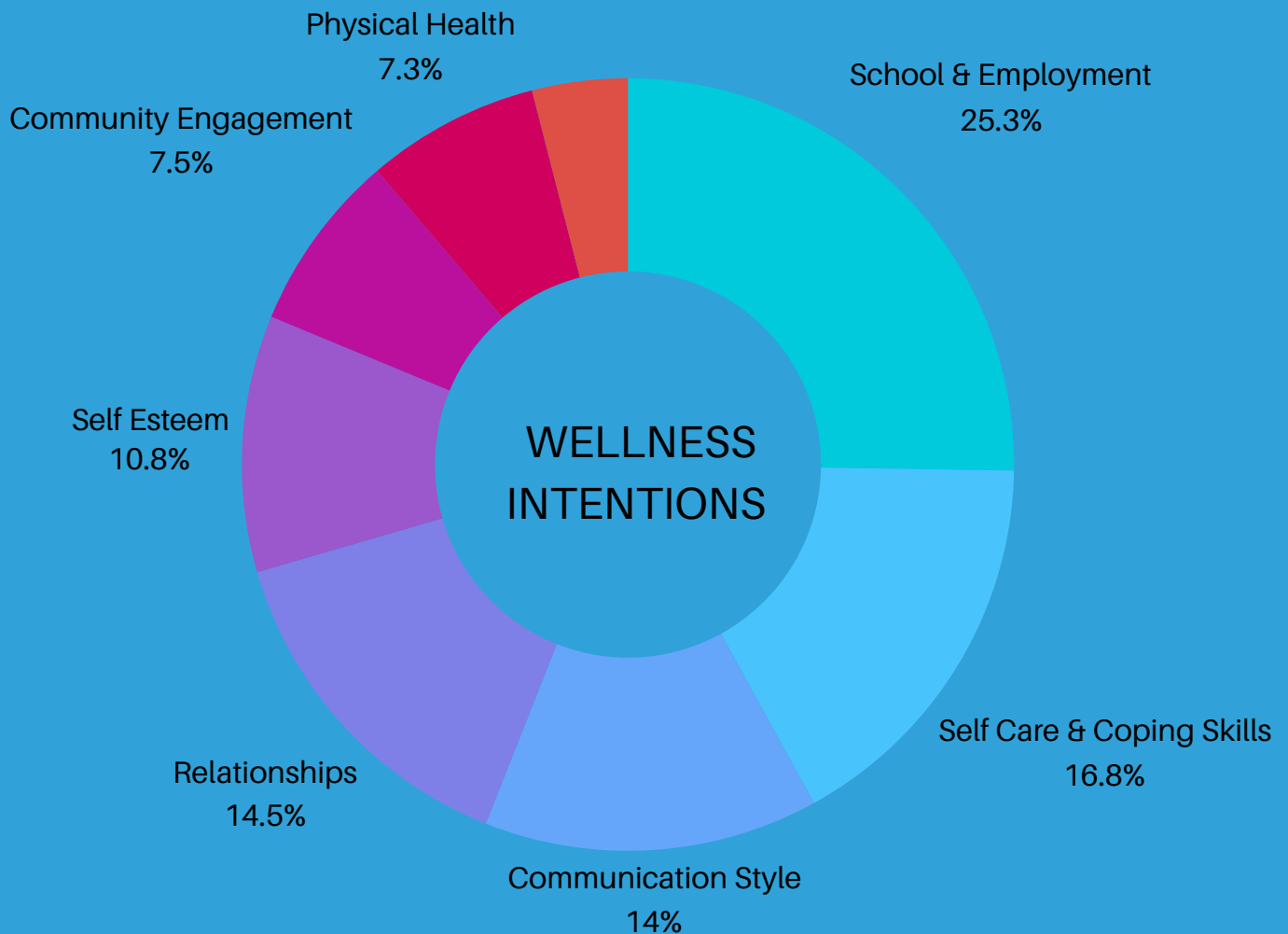
- RSN provided two in-person Recovery Coach Academy trainings to 8 community members
- Provided one virtual Youth Mental Health training to 7 community partners.

# PROGRAM HIGHLIGHTS

RSN recruited and trained 3 additional paraprofessional mentors to provide one-to-one, informal and group skill building support to youth and emerging adults aged 13-20 and contracted 13 mentors in providing services throughout the program year. Our specially trained mentors facilitated 2 Life Skills groups in the Fall of 2024 for 8 participants and provided individual support to 15 participants

From July, 2023 - June, 2024 RSN received a total of twenty seven referrals from throughout our service area for both one-to-one and group support. We successfully engaged 15 participants in one-to-one support, and provided 3 skill-building groups to participants ranging from 13 to 18 years old.

Participants focused on **wellness intentions**, setting and meeting goals, and communicating regularly with their mentor. **The average length of programming for one-to-one support is 5.25 months and the average length of group skill-building is 8 weeks. The total number of hours of mentoring services provided in the program year was 200 hours.**



# Where We're Headed in 2024/25

INTEGRATE A **FAMILY RESILIENCE FRAMEWORK** INTO ALL OF OUR PROGRAMMING

PROVIDE INDIVIDUAL SKILL BUILDING TO **20 YOUTH** FOR UP TO **1,040 HOURS** OF DIRECT SERVICE

PROVIDE UP TO **96 HOURS** OF INFORMAL MENTORING W/IN YOUTH-SERVING PARTNER ORGANIZATIONS

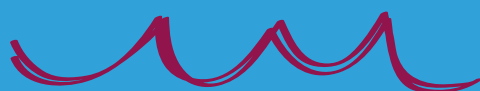
PROVIDE GROUP SKILL BUILDING TO **12 YOUTH**

PROVIDE **2 RECOVERY COACH ACADEMY TRAININGS** TO STAKEHOLDERS

PROVIDE UP TO **6 YOUTH MENTAL HEALTH FIRST AID TRAININGS** TO COMMUNITY PARTNERS

EXPAND DIRECT SERVICES IN CHATHAM COUNTY BY PROVIDING INDIVIDUAL SKILL BUILDING TO **5 YOUTH**

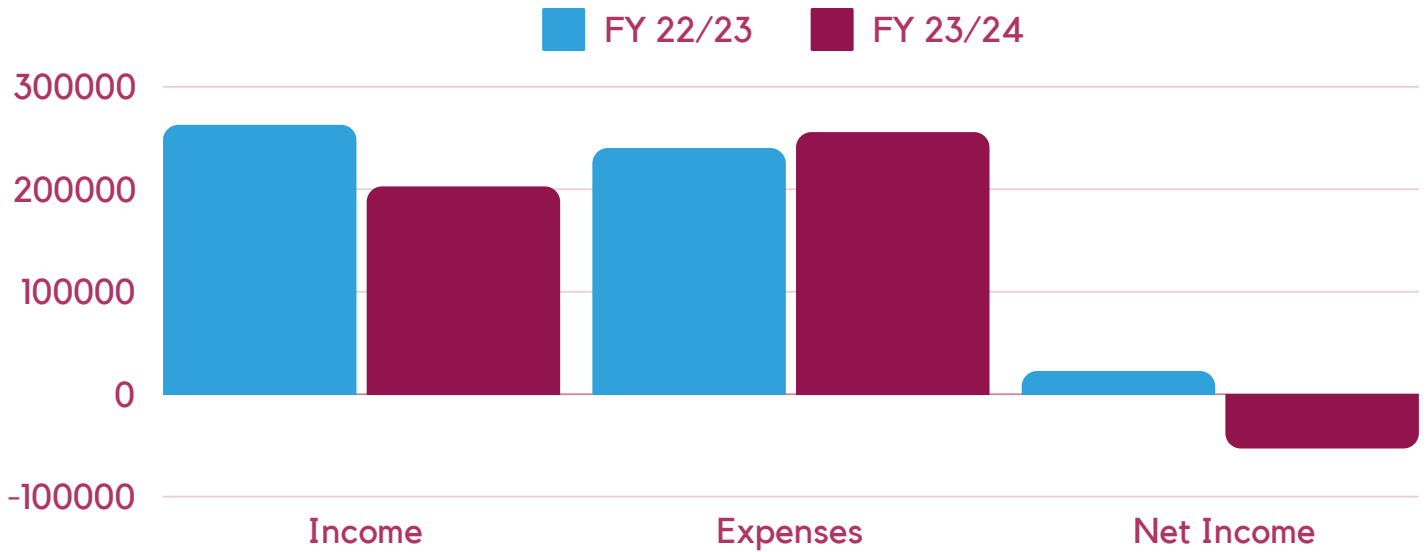
RECRUIT **2-3 BI-LINGUAL MENTORS** TO SERVE IN CHATHAM COUNTY





FUNDS RAISED 2023/24

\$202,796



GRANTS & SPONSORS

AMOUNT

DETAILS

Individual & Corporate

\$8,326

- Coastal Federal Credit Union

Foundations

\$103,050

- Blue Cross Blue Shield Foundation
- Oak Foundation
- Duke Health Foundation
- Triangle Community Foundation
- Strowd Roses

Juvenile Crime Prevention Council (JCPC)

\$68,848

- Orange County

Partnership For Success

\$21,033

- Orange County Partnership for Drug & Alcohol Free Youth

Government Grants

\$1,539

- Orange County Outside Agencies

We couldn't have  
done it without your  
generous *support.*

Thank you

to all our donors!

- Blue Cross Blue Shield Foundation
- Oak Foundation
- Strowd Roses
- Triangle Community Foundation
- Duke Health
- Juvenile Crime Prevention Counsel
- Orange County Partnership for Success funding
- Coastal Federal Credit Union Foundaiton

✉ info@rsnnc.org

🌐 www.rsnnc.org

📍 117 W Main St Carrboro NC

☎ 984-777-5282



Durham Health & Wellness Event

(L-R) Mentors Edward Scott, Shawn Baker, Exec. Dir. Terence Johnson